



FOR IMMEDIATE RELEASE  
Summer 2009

For More Information  
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**Incredible, Affordable Vacation Opportunities Await  
In Beautiful Killington, Vermont**

KILLINGTON, VT-- Vermonters long have been known as “frugal,” as Ol Cal Coolidge would say. And so it makes perfect sense that a vacation in the Heart of Vermont’s Green Mountains would be incredibly affordable. And what better time to enjoy Vermont on a modest budget! And right next door to Cal’s birthplace!

Whether it’s golf on Vermont’s No. 1 Public Course (per Golf Digest) of the Killington Resort course, fly fishing in the historic Ottauquechee River or a mountain stream, tennis camp, horseback riding, hiking the Long Trail or just kicking back and being pampered at a spa, a Killington summer vacation will lift exhilarate and rejuvenate. At a price everyone can afford.

(More)

## Affordable Killington Vacations

How about kayaking lessons and wildlife excursions on Kent Pond, or an evening at the acclaimed Killington Music Festival where some of the finest classical musicians of our time perform in the Festival's Music In The Mountains classical concert series. And there's much more. Pony rides for the kids, trail rides for adults and outdoor adventure aplenty at the Pico Mountain Adventure Center: Mountain biking, climbing walls, alpine slide and the famous Pico Power Jump!

Killington's inns, lodges, motels and hotels offer incredible summer packages that often include all three daily meals, lodging and activities. Information is available online at [discoverkillington.com](http://discoverkillington.com).

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For Additional Information  
Contact Dariece Kirby-Kline

## WINTER IN KILLINGTON MEANS CELEBRATING WINTER EVERY DAY IN A NEW, EXCITING WAY

KILLINGTON, VT—Killington is synonymous with winter in Vermont. With more skiing and riding than anywhere in Vermont and a host of other favorite winter activities Killington means you can celebrate winter every day in a different way. And at the end of the day, cozy up in front of a fireplace in a Vermont lodge to recount just how great a day you had.

The town takes its name from Killington Peak, home to Killington Resort, with the most trails and highest lift-served skiing and riding in Vermont. The mountain receives an average of 250 inches of natural snow each season, and has the most extensive snowmaking system in the world to assure great conditions all season.

Killington is known for the diversity of its terrain, providing skiers and riders of all abilities a choice of groomed cruisers, narrow, classic New England runs, moguls, steeps, the Burton Stash and 16 gladed areas.

Just down Route 4 West is Pico Mountain, one of New England's favorite classic family ski areas. Pico's heritage is rooted in ski racing history, family recreation and just plain fun. The resort features 50 trails with 1,967-feet of vertical.

For Nordic and snowshoeing enthusiasts, Mountain Meadows has been a favorite for 40 years. Snowmaking, new trail design, new rental equipment are awaiting cross country skiers. Hemlock and hard wood forests, Kent Pond and skiing to a warming hut provide a great experience each day. The resort offers 57km of trails that are tracked for classic and skate skiing.

But there's more: Horse-drawn sleigh rides, kite skiing on Kent Pond, winter hiking, snowmobiling and ice skating are sure to keep you busy during your Killington vacation. And après options on the famous Killington road are as numerous as the trails on the mountains!





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**GOLF DIGEST SELECTS GREEN MOUNTAIN NATIONAL  
AS VERMONT'S NO. 1 PUBLIC GOLF COURSE**

KILLINGTON, VT-- Green Mountain National Golf Course, which has earned numerous accolades since its opening, has been named Vermont's Best Public Golf Course by Golf Digest magazine. This is just the latest recognition for the course by Golf Digest and Golf magazines.

"A work of art by golf architect Gene Bates . . . the Number One public golf course in Vermont," is how Golf Digest has described Green Mountain National.

In addition to Green Mountain National, the Town of Killington is home to one of Vermont's best known resort courses, the Geoffrey Cornish designed 18-hole championship course at Killington Resort. The 6,186-yard, par 72 course presents a refreshing round for any golfer, regardless of skill level or handicap. (More)

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## Killington Golf

The Killington course features a full practice facility, including 18-station driving range, a 12,000-square foot putting green and practice bunker.

“Vermont is recognized in the golf world to have some truly exceptional courses and for our course to be named Number 1 by the industry’s leading consumer magazine for a second time speaks volumes to its enduring quality,” said David Soucy, Green Mountain National’s Head Golf Professional. “It’s a real honor to be declared the ‘best of the best.’”

Green Mountain National also has been recognized as one of New England’s best courses and one of the nation’s top five best new upscale courses. The 18-hole, 6589-yard course was established in 1996.

The course is renowned for its layout and location, which ensures solitude and a private golf experience and a challenge for golfers of all abilities. The course offers special programs for women golfers.

Green Mountain National is located in the Town of Killington, just off the intersection of Routes 4 and 100. The course provides a full array of services including instruction, indoor and outdoor dining and tournament play.

Information and online tee times are available at [gmngc.com](http://gmngc.com). Information on the Killington Resort course is available at [killington.com](http://killington.com).



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**File Under "Take A Hike"**

**VERMONT'S MOST SPECTACULAR INTERSECTION: HIGH ABOVE KILLINGTON  
AT THE JUNCTION OF THE LONG AND APPALACHIAN TRAILS**

KILLINGTON, VT— One of the Northeast's most prominent intersections is located in a most unlikely place . . .and the only traffic is foot traffic as hiking enthusiasts make their way along the Long Trail to the intersection of the Appalachian Trail. Two historic trails converging above one Great Town.

The Long Trail, "Vermont's footpath in the wilderness," is the oldest long distance trail in the country. And one of the most beautiful. It traverses the state of Vermont, running 270 miles in length with 175 miles of side trails. There are shelters, camping areas and a variety of day hikes accessed from the trailhead along Route 4 in Killington.

(More)

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## Killington Hike

The scenery is spectacular, particularly as you make your way toward Killington Peak, Vermont's second highest Mountain at 4,235 feet.

The Long Trail was the inspiration for the Appalachian Trail, which runs 2175 miles between Springer Mountain Georgia and Mt Katahdin Maine. The trails run together through much of the Killington Section of the Long Trail.

A variety of lodging and dining options are available within minutes drive of the Route 4 trailhead.



*Explore - Discover - Thrive™*

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**VERMONT'S PREMIER MOTORCYCLE RALLY  
THUNDERS THROUGH THE MOUNTAINS SEPT 10-13**

KILLINGTON, VT—One of the Northeast's premier motorcycle rallies returns to Killington September 10-13, when Thunder Through the Mountains: The Killington Classic offers riders of all bike brands great touring, a "Classic" chili cookoff welcome party and the famous 12-Mile Parade.

"We're more excited than ever this year because we've added new activities, new venues and some very special exhibits and competitions," said Dariece Kirby-Kline, Event Producer for the Town of Killington. "It promises to be the best Killington Classic ever."

Inns and lodges throughout Killington are providing special Killington Classic lodging packages. Complete information on the rally is available online at [Killingtonclassic.com](http://Killingtonclassic.com)



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**HIKE IT, BIKE IT, CAMP IT AND ENJOY IT!  
KILLINGTON IS THE PLACE TO BE THIS SUMMER**

KILLINGTON, VT—Whether you're a roadie or at home on a single track, the Killington region provides some of Vermont's most diverse and satisfying bicycle riding. Equally impressive are the camping opportunities here, the long-recognized Heart of Vermont's Green Mountains where hikers revel in the many options available on the Long Trail and Appalachian Trail, which intersect high above the town.

***Bike It***

Cycling options include endless miles of wide-shouldered asphalt loops beginning and ending in Killington, including a scenic ride along the Ottauquechee River before splitting off for a gentle climb into the Town of Plymouth, home of President Calvin Coolidge and the new visitor center, before a downhill back to West Bridgewater and Killington. Mountain biking the many logging roads, mountain trails and single track options is just an extraordinary way to unwind and reconnect. (More)

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Killington Hikes

***Hike It***

The historic Long Trail and Appalachian Trail intersect high above the Town of Killington, which serves as a trailhead for an unbelievable variety of hiking options. The Long Trail, Vermont's "footpath in the wilderness," is the oldest long distance trail in the country, and inspiration for the Appalachian Trail, which runs from Georgia to Maine.

***Camp It***

Killington is home to one of Vermont's most revered state parks, Gifford Woods, located at the base of Killington and Pico peaks and in close proximity to trail heads for the Long and Appalachian trails. Established in 1931, the park now encompasses 285 acres located across from Kent Pond. The park contains one of the few remaining old-growth hardwood tree stands in Vermont. The stand has many grand sized sugar maple, beech, yellow birch, white ash and hemlock. The understory is rich with native wildflowers. A portion of the park has been designated a Natural Landmark by the National Park Service because of the exemplary quality of the old growth forest. Gifford Woods includes four cabins, 22 tent/camper sites and 20 lean-to sites. Each of the two camping loops has a rest room with modern plumbing and hot showers. Firewood and ice are available.

For complete camping information at Gifford Woods State Park visit [vtparks.com](http://vtparks.com).



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**DISCOVER THE OTHER SIDE OF KILLINGTON  
WITH A DAY ON THE WATER**

KILLINGTON, VT— There's another side of Killington awaiting discovery: A day on the water. Whether paddling Kent Pond or testing angling skills in a mountain stream or on the Ottauquechee River, life seems to stand still as the water rushes past.

Kent Pond is opening a new view of Killington to canoeists and kayakers alike. And stunning views of the surrounding Green Mountains are just the beginning. Wildlife, including moose, are a common sight along the shore. Access is easy from the State of Vermont access site right along Route 100, just past the intersection with Route 4.

(More)

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Paddle Killington

Kayak rentals are available in Killington and there is a retail outfitting store on Route 4 just East of the Route 100 intersection. In addition to Kent Pond, there are a number of lakes within a short drive of Killington.

For anglers, mountain streams and area rivers provide plenty of opportunities to enjoy a very special day. Guides are available throughout the region.